

Patient Preparation: Breast, Upper or Full Body Scan

Main consideration do not do anything that will stress joints, muscles, cause you to heat up or cause the skin surface to be blocked. **We cannot do a breast scan if you are pregnant or currently nursing, or if you have recently had any invasive procedure or surgery.

(Please contact office for more information)**

-Do not exercise, have therapies (massage, facials, PT. etc.), treatments or testing (MRI, CAT Scan, etc.) or electromyography on the same day Thermography is performed.

-You can shower as usual.

-Do not smoke for 2 hours before the test.

-Do not chew gum or drink hot beverages 2 hours before the test.

-Do not use under arm deodorants, lotions, *make-up, liniments or powder on your body or face on the day of test as they will block the skin surface from registering correct temperatures.

****For Breast Scans ONLY - you can wear make-up.**

-Avoid sun exposure on day of test.

-Medicines - No changes necessary

Description of Test: Patient time for test: approx. 30-60 minutes. You are given time for your skin temperature to equalize with the room temperature. -Disrobing - You will be removing clothing down to underwear. ****Men, please wear briefs rather than boxer shorts for Full Body scans. Remove all jewelry, Putting on a supplied gown, Pulling hair up and off face and away from ears & neck. Examining rooms can feel cool as your body adjusts to room temperature. Thermal Images are taken of the whole body, or just areas under investigation.**

A Female Certified Thermographer will perform the test. You are welcome to bring a companion or partner to be present at the examination.

Patient Responsibility: *Patient will be responsible for providing report to his/her practitioner.

***Payment in full is expected at time of scan. Preferred payment is check or cash, but we do accept all credit cards.**

***Reminders will be emailed or texted, (if you are opted-in to receive texts), and is ultimately the patient's responsibility to schedule all future appointments.**

While participation in a DITI early detection program can increase your chance of detecting and monitoring breast disease, as with all other tests, it is still not a 100% guarantee of detection.

Dynamic Thermal Imaging

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